

What to wear for Forest School

We are extremely lucky that all our children will have regular Outdoor learning and Forest School sessions in the next academic year. These sessions happen in all types of weather so please ensure your child is wearing appropriate clothing.

From September 2022 children will be expected to wear their 'winter' PE kit and bring waterproof top layers when needed.

- **Long trousers** – both in Summer and Winter we ask for children to wear long black or navy blue trousers /leggings/tracksuit bottoms, to keep warm, dry and to protect from scratches and insect bites . Even on warm days it can be cooler under the shade of the trees.
- **Long sleeved top** – both in Summer and Winter to protect from scratches and bites . When it is warm this can be a plain long sleeved t-shirt. When cooler children should wear their school jumper or fleece over the top.
- **Layers of clothing appropriate to the temperature and the season.** In the winter months children should have a warm **waterproof** coat with hood; gloves, hat and scarf when needed.
- **Wellies or change of closed toe shoes** (which you don't mind getting wet and muddy) Children need a different pair of shoes to change into after Forest School, as parts of the forest are always muddy and we use the river for some of our sessions. Please can children bring their wellies in a named bag.
- On sunny days, we recommend the children are wearing an all-day sunscreen, insect repellent and that they bring a hat.