

Wellbeing information update 15/04/20

The Children's Commissioner for England, in association with the privacy law firm Schillings, has produced a digital safety and wellbeing kit for parents and a safety guide for children to help keep children safe and well online during the coronavirus outbreak.

<https://www.childrenscommissioner.gov.uk/coronavirus/digital-safety-and-wellbeing-kit/>

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/04/cco-parents-digital-safety-wellbeing-kit.pdf>

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/04/cco-childrens-digital-safety-wellbeing-kit.pdf>

This is a really difficult time for parents too, so we've got some advice to support them on the NSPCC website

- [coronavirus \(COVID-19\) advice and support for parents and carers](#)
- [supporting children's mental health during the pandemic](#)
- [advice for parents working from home](#)